

# WeShare Legacy® Wellness Perks



## An Introduction to Your WeShare Legacy Wellness Perks

Caring for your mind, body, and spirit goes beyond taking care of your medical needs, which is why WeShare provides the resources needed to help proactively manage your whole health – mind, body, and spirit – with healthcare sharing and wellness perks.

Enjoy access to wellness perks through our partnerships with HelloFresh, Noom, FitBod, Active&Fit Direct, and Right Now Media included with your membership (valued at \$1,000). Whether you're looking to begin or maintain a nutrition or fitness plan, or want resources to deepen your relationship with God, these exclusive wellness perks are available to you as a Member of the WeShare community.

Additional information about our wellness partners and how to access these perks can be found in this brochure. If you need assistance accessing any of your wellness perks, contact Member Services at 800-900-8476 or [members@weshare.org](mailto:members@weshare.org).

WeShare Legacy membership is offered and administered by Unite Health Share Ministries (UHSM), which is a Healthcare Sharing Ministry (HCSM). WeShare Legacy membership reflects the program elements at the time of publishing (2025) and are subject to change with a given notice of 30-days. WeShare, healthcare by UHSM is not insurance. UHSM is not an insurance company. UHSM and no Sharing Member is compelled by law or otherwise to voluntarily contribute toward your medical bills. You are responsible for your medical bills regardless of any sharing of expenses you receive as a WeShare Legacy Member. Copyright 2025 United Health Share Ministries. "UHSM," "WeShare," "WeShare Access," "WeShare Legacy" are trademarks of Unite Health Share Ministries. All rights reserved.



## America's #1 Meal Kit

Choose from 100+ weekly menu and market items

### Your HelloFresh Wellness Perk

- Access a 52-week discount (1 full year) on HelloFresh meal kits to support healthy eating and simplify meal planning
- Receive 50% off your first box and 10% off your next 51 boxes, for a potential total savings of \$500 for the year

### Why It's Great for You:

- Convenience and accessibility: For the 65+ community, limited transportation or access to fresh ingredients can be a challenge. HelloFresh makes it easy by delivering fresh, pre-portioned ingredients right to your door
- Menu selection: Choose from 45+ rotating meals each week designed to support a variety of dietary needs and health goals
- Hall of Fame recipes: Explore our recipe library to spark creativity in the kitchen, even using ingredients you already have at home

### How it Works

- Pick a Plan – Select a plan that fits your lifestyle. You can pause, skip, or modify anytime
- Get Your Delivery – Receive fresh ingredients and step-by-step recipes each week
- Cook, Eat, Enjoy – Enjoy simple, delicious meals without the stress of planning

### Join HelloFresh Today

- Go to [hellofresh.com](https://hellofresh.com) and create your account
- Choose the plan that works best for you and add your meals to your cart
- Enter the wellness perk code: **UHSM2024** at checkout to activate your discount

# NOOM

## A Healthier You, Wherever You Are

Transform your well-being with personalized health coaching

### Your Noom Wellness Perk

- Access a 1-year membership with Noom at no cost to you
- Noom's application uses a psychology-based approach to help you understand and manage your relationship with food
- Learn how make healthy choices and get support breaking the old habits holding you back from achieving your best health through a tailored experience offering behavioral insight, techniques to help identify healthy options without thought, meal logs, portion insight, recipes, and motivation to help keep you on track

### Join Noom Today

- Scan the QR code or visit [go.noom.com/uhsm](https://go.noom.com/uhsm)
- Enter your information to complete your account creation



WeShare Legacy membership is offered and administered by Unite Health Share Ministries (UHSM), which is a Healthcare Sharing Ministry (HCSM). WeShare Legacy membership reflects the program elements at the time of publishing (2025) and are subject to change with a given notice of 30-days. WeShare, healthcare by UHSM is not insurance. UHSM is not an insurance company. UHSM and no Sharing Member is compelled by law or otherwise to voluntarily contribute toward your medical bills. You are responsible for your medical bills regardless of any sharing of expenses you receive as a WeShare Legacy Member. Copyright 2025 United Health Share Ministries. "UHSM," "WeShare," "WeShare Access," "WeShare Legacy" are trademarks of Unite Health Share Ministries. All rights reserved.



## Break a Sweat Without Breaking the Bank™

Access thousands of fitness options to help you achieve your optimal overall health

### Your Active&Fit Direct Wellness Perk

- Choose from 12,700+ standard gyms for just \$28/mo<sup>1</sup> including 24 Hour Fitness®, Crunch Fitness®, Blink Fitness®, Anytime Fitness® and more
- Plus, 8,700+ premium exercise studios with 20% – 70% discounts at most locations<sup>1</sup> including FIT4MOM®, Pure Barre®, Club Pilates®, StretchLab and more
- With no long-term contracts, you can switch gyms and cancel with ease
- Join multiple gyms and get a \$5 monthly discount on each additional membership<sup>2</sup>

### Join Active&Fit Direct Today

- Log-in to the WeShare Member Portal accessible at [weshare.org](https://weshare.org) and navigate to the Perks page
- Find Active&Fit Direct on the Perks page and click “get started!”
- From there, you’ll be redirected to the Active&Fit Direct website to register, enroll, and obtain an ID card to present at your selected fitness center

<sup>1</sup> Monthly fees are subject to applicable enrollment fees and taxes. Costs for premium exercise studios exceed \$28/ mo plus applicable enrollment fees and taxes. Fees vary based on premium fitness studios selected.

<sup>2</sup> Members may purchase multiple standard and premium gym memberships with a \$5 discount off the monthly fee for each membership purchased after their first.



## Elevate Your Fitness Journey

Engage in customized workouts with limitless fitness potential

### Your FitBod Wellness Perk

- Access a 1-year membership with FitBod at no cost to you
- FitBod’s award-winning application leverages artificial intelligence to provide users with personalized workouts tailored to their goals, personal ability, and available equipment
- The easy-to-use platform suits people of all fitness levels, from beginner to advanced, and can be used from the comfort of home
- No matter what you’re trying to accomplish from your fitness plan, Fitbod has unlimited workout types specific to you

### Join FitBod Today

- Scan the QR code and enter access code: **wellness**
- Enter your email address to receive further instruction from Fitbod
- Follow the Quick Start Guide instructions in the email you receive from Fitbod to complete your membership enrollment



WeShare Legacy membership is offered and administered by Unite Health Share Ministries (UHSM), which is a Healthcare Sharing Ministry (HCSM). WeShare Legacy membership reflects the program elements at the time of publishing (2025) and are subject to change with a given notice of 30-days. WeShare, healthcare by UHSM is not insurance. UHSM is not an insurance company. UHSM and no Sharing Member is compelled by law or otherwise to voluntarily contribute toward your medical bills. You are responsible for your medical bills regardless of any sharing of expenses you receive as a WeShare Legacy Member. Copyright 2025 United Health Share Ministries. “UHSM,” “WeShare,” “WeShare Access,” “WeShare Legacy” are trademarks of Unite Health Share Ministries. All rights reserved.



## Inspiring Faith, One Stream at a Time

Embrace your spiritual wellness through the world's largest library of biblical video resources

### Your RightNow Media Wellness Perk

- Access a 1-year membership with RightNow Media at no cost to you
- Enjoy the world's largest library of video-driven Bible study and faith-based resources
- With over 20,000 topics from 150 leading Christian publishers and ministries, there is something for everyone no matter what you're looking to deepen your knowledge on
- You'll find helpful content on personal development, marriage, parenting life and more

### Join RightNow Media Today

- Scan the QR code or visit [app.rightnowmedia.org/join/uhsml](http://app.rightnowmedia.org/join/uhsml)
- Select "sign up" and enter the required information to complete your profile
- Begin streaming through RightNow Media

